

2017 Michigan Indian Family Olympics

Morning Schedule of Events

Registration Open: 7:30 - 11 a.m.

Opening Ceremonies Schedule

- 8:50 a.m. | Drummers in position & first call for participants to line up.
- 8:55 a.m. | Second call for participants to line up.
- 9:00 a.m. | Final call for participants to line up.
- 9:01 a.m. | Ceremony Begins/Drum Welcome Song sung by Pokagon Potawatomi Youth.

Lunch Served: 11 a.m. - 1:30 p.m.

- 9:10 a.m. | Everyone in Circle/Drum Flag Song
- 9:15 a.m. | Prayer
- 9:17 a.m. | National Anthem sung by Natalie Shattuck
- 9:20 a.m. | Exit Track/Ceremony Concludes
- 9:21 a.m. | First Calls to Events
- 9:30 a.m. | Events Begin

Young Kids Event Order | 9:30 a.m.

- 1) Baby Crawl
- 2) 10 Meter Dash | Ages 1-2
- 3) 20 Meter Dash | Ages 3-4
- 4) Bean Bag Toss | Ages 4 and under

Running/Walking Track Event Order | 9:30 a.m.

*Age groups are listed by the order they will be called to compete.

- **1) 400M Walk** *Age groups: 65 and up, 55-64, 41-54*
- 2) Pre and Post Natal 400M Walk (One year post natal.)
- **3) 400M Run** | Age groups: 13-15, 16-18, 19-24, 25-32, 33-40, 41-54, 55-64, 65 and up
- 4) 1 Mile Run | All age groups

Morning Field Events | 9:30 - 11 a.m.

- Archery | Ages 16-18, 19-24
- Long Jump | Ages 19-24, 25-32, 33-40
- Jump Rope & Fitness Circuit | Ages 5-6, 7-9
- Softball Throw | *Ages 5-6, 7-9, 41-54*
- 3-Point Basketball Shot | Ages 10-12, 13-15
- Lacrosse Speed Shot | Ages 7-9, 10-12, 13-15

Morning Field Events | 11 a.m. - 12:30 p.m.

- Archery | Ages 25-32, 33-40
- Long Jump | Ages 41-54, 55-64, 65 and Up
- 3-Point & Free Throw Basketball Shot Ages 16-18, 55-64, 65 and Up
- Fitness Circuit | Ages 10-12, 13-15
- **Softball Throw** | *Ages 10-12, 55-64, 65 and Up*
- Lacrosse Speed Shot | Ages 16-18, 19-24, 25-32



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Afternoon Schedule of Events

2017 Tribe to Tribe Miles Challenge Announcement and Awards Presentation | 12:30 p.m.

Running/Walking Track Event Order | 1 p.m.

*Age groups are listed by the order they will be called to compete.

1) 50M Run *Age groups: 5-6, 7-9, 10-12, 55-64, 65 and up*

2) 100M Run | *Age groups: 13-15, 16-18, 19-24, 25-32, 33-40, 41-54*

Afternoon Field Events | 1 - 2:30 p.m.

- **Softball Throw** | *Ages 13-15, 16-18*
- 3 Point Basketball Shot | Ages 19-24, 25-32
- Lacrosse Speed Shot | Ages 33-40, 41-54
- Long Jump | Ages 13-15, 16-18

Afternoon Field Events | 1 - 3 p.m.

- Archery | Ages 41-54, 55-64, 65 and Up
- Obstacle Course | Ages 5-6, 7-9, 10-12
- Adult Bean Bag Toss | Ages 41-54, 55-64, 65 and Up

Afternoon Field Events | 2:30 - 4 p.m.

- **Softball Throw** | *Ages 19-24, 25-32, 33-40*
- 3 Point Basketball Shot | Ages 33-40, 41-54

• Long Jump | Ages 5-6, 7-9, 10-12

Team Fun Events | 4 p.m.

*Events will begin at the conclusion of other games at approximately 4 p.m.

- 1) Sponge Relay | See event packet for information on age groups.
- **2) Tug-of-War** | Ages 13 and under, 14-17, 18 and up. (12 individuals per team.)

Conclusion of Events Approximately 4:30 p.m.